

# **bodywisdom, llc**

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January 8, 2005

To Whom It May Concern,

I, Mary Lynn Lipscomb, a citizen of the United States of America, declare under penalty of perjury:

I reside at: 27 Timber Grove Lane, Fairfield, VA 24435.

My educational background related to the field of this intervention is: Master of Science in Nursing from the University of Virginia. I am certified as a holistic nurse by the American Holistic Nurses Association.

I have been providing assistance to those clients seeking greater understanding of their own self-healing mechanisms since 1999. Since 1999, I have sustained a private practice as a nurse consultant in Virginia and Maryland and have also taught classes in holistic nursing at Dabney S. Lancaster Community College and the Jefferson College of Health Sciences.

I have reviewed NMT: The Feinberg Technique, teaching the protocols of neuromodulation therapy. The teachings and protocols taught by NMT: The Feinberg Technique effectively teach a useful method of neuromodulation therapy as disclosed. I have personally utilized this method in a useful manner to correct and relieve symptoms in my clients and believe that the disclosed neuromodulation therapy is useful in the health care field.

I offer the following case study:

E.H., a 50 year old female, requested consultation on 4/20/04. She had been diagnosed with Propriospinal Myoclonic Movement Disorder as well as Celiac Disease and Iron-deficiency Anemia and Osteopenia. She also reported long term migraine headaches (since 1980), mental "fog" and memory problems, gastrointestinal burning and fatigue. Physicians at the University of Virginia had prescribed the following drugs as treatment for her symptoms:

Depakote 625 mg/day in divided doses  
Clonazepam 0.25 mg bid  
Prednisone 5 mg daily  
Protonix 40 mg daily  
Provinquil 200 mg daily

In addition to these drugs, she was prescribed a grain-free diet and B-12 injections.

E.H.'s medical history included an abdominal hysterectomy, arthroscopic surgery of the left knee, breast biopsy and colonoscopy.

She reported that if she stood upright for more than one hour her head began to bob and would progress to repeated flexing at the waist (as if repeatedly bowing). She would experience involuntary muscle spasms and tremors in her hands and arms and noted that certain visual, auditory and tactile stimuli seemed to exacerbate her symptoms. Stimuli that seemed to trigger symptoms included sitting in a straight-back chair or church pew, lying on a hard surface, walking on plush carpet, standing in a tub with a curved bottom, turning quickly, hearing sudden loud noises or seeing bright lights.

Using a combination of methods aimed at correcting energetic imbalance (including NMT) E.H. began to improve. She first noted her balance seemed to improve and that repeated flexion at the waist had lessened. She noted movement problems worsened when her husband was present, however. She saw her neurologist the second week in May and this physician noted her reflexes were "calmer" in the arms and that her gait seemed normal for the first time. I instructed her to use specific techniques at home to decrease anxiety and to return in two weeks for continued care.

By the time E.H. came for her fourth visit she reported less head bobbing, feeling "lighter" and no migraine headaches. Her most recent blood work showed ferritin levels up and gluten antibodies down. Neurological symptoms seemed to be resolving but digestive issues continued to capture her attention. She reported ongoing "churning" and feeling her "belly was twisted in knots". She had had a small bowel biopsy the week before which showed "mild villous blunting" and surface inflammation. Even though she felt she was being very cautious about any exposure to gluten, she saw little change in GI symptoms.

When E.H. was asked what was locked in her guts, she replied "Mama's griping". She related that meal times during childhood were very stressful and that she felt this experience was causing much of her digestive trouble. NMT protocols continued to be applied in order to address GI symptoms.

By E.H.'s sixth visit she reported her fatigue and brain fog had resolved and that her neurologist had decreased her Depakote dosage because of the improvement in her neurological symptoms. She also reported significant improvement in her digestion with no bloating or aching in her stomach. She also noted she had not been extremely rigid in

her avoidance of gluten. More NMT protocols were used to assist in further resolution of symptoms.

I released E.H. after her seventh session with instructions to call for a follow up visit if any of the resolved symptoms reappeared. I received an email from her in January, 2005 which related the following:

Happy New Year!

You asked that I touch base with you once I was off the Depakote, and I'm happy to say I stopped taking that about mid December. So far, so good. I have had a few minor skirmishes with headaches, but I have tapped them away. Yeah!!

The only annoyance I seem to have that I don't recall having while I was on the Depakote is a feeling of losing my balance a little if I turn a corner quickly or change direction quickly. If I pull back on my throttle a little that seems to keep this in check. I have always had two natural speeds - go at full speed or go to sleep, so I'm trying to remember to cool it a little bit.

I also seem to be a little clumsy at times, bumping my feet into things because I can't seem to get stopped when I walk up to something, and I have noticed I am stumbling or dragging my left foot a little, especially on steps. These are not big problems, just annoyances. My inner ear testing that was done at U. Va. has consistently shown I have some inner ear damage, so maybe all these things are tied to that...?

I go back to see the neurologist in Charlottesville on Monday, January 10. I plan to ask for directions to get off the Klonopin while I am there. I very rarely have any signs of the movement disorder any more, and those are very minor. Yeah!! I felt a little wierd after sitting in a solid wood straight chair for about an hour this past week. A year ago I would have been ready to pass out after being there for 5 - 10 minutes. I consider that a remarkable improvement.

Christmas went relatively well. I found myself in a puddle of tears a few times, but I let 'em out and then calmed things down with several tapping sessions.

I saw Naomi at the KT Center 12/23. She said my energy was staying together really well. It had been a month since I had seen her last - my longest leave of absence ever. She's thrilled, I'm thrilled. This is good!!

In my experience in assisting clients to utilize self-healing techniques, I find NMT a very useful tool for more rapid relief of symptoms and restoration of a more healthful life.

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under 18 U.S.C. 1001 and that

such willful false statements may jeopardize the validity of the application or any patent issued thereon.

Signed: Mary Lynn Lipscomb Date: 01 / 08 / 05

Printed Name: Mary Lynn Lipscomb